



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Kalb, Mario**

**Total time: 1:20:28**

Club: Gü We Läufer

Number: 125

Course: 21.30 km

Rank in course/Total: 40 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 40 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 12(of 37)

Senioren 1, TM 40

Best time in the category: 1:09:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:38	22:06	15	1:49	41	1:57	0.30	6:38	22:06	38		106	1:42
Schwimmen Total	0.30	6:38												
Rad	16.00	49:24	3:05	13	8:49	41	10:51	16.30	56:02	3:26	38		104	11:48
Rad Total	16.00	49:24												
Lauf	5.00	24:26	4:53	13	3:56	39	5:41	21.30	1:20:28	3:46	12	10:36	40	16:41
Lauf Total	21.00	1:20:28												