



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Franke, René

Total time: 1:24:03

Club: Berufsfeuerwehr Dresden

Number: 113

Course: 21.30 km

Rank in course/Total: 50 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 49 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 17(of 27)

AK 2, TM 30

Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	5:19	17:43	5	0:38	9	0:38	0.30	5:19	17:43	28		106	0:23
Schwimmen Total	0.30	5:19												
Rad	16.00	53:50	3:21	18	14:02	62	15:17	16.30	59:09	3:37	27	4:26	104	14:55
Rad Total	16.00	53:50												
Lauf	5.00	24:54	4:58	10	6:09	41	6:09	21.30	1:24:03	3:56	17	20:16	49	20:16
Lauf Total	21.00	1:24:03												