



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Wojczyk, Richard

Total time: 1:18:06

Club: Lauffreunde Gotha
Number: 150

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 33 (of 122)
Rank in course/Men: 33 (of 105)
Best time in course: 1:03:47

Category:
Triathlon Jugend männlich bis 19 Jahre

Rank in category: 5(of 8)
Best time in the category: 1:06:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	8:23	27:56	8	3:02	89	3:42	0.30	8:23	27:56	9	2:55	106	3:27
Schwimmen Total	0.30	8:23												
Rad	16.00	44:55	2:48	2	4:47	17	6:22	16.30	53:18	3:16	9	0:40	104	9:04
Rad Total	16.00	44:55												
Lauf	5.00	24:48	4:57	5	4:49	40	6:03	21.30	1:18:06	3:39	5	11:25	33	14:19
Lauf Total	21.00	1:18:06												