



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Hesse, Mathias

Total time: 1:06:06

Club: Hildburghausen

Number: 107

Course: 21.30 km

Rank in course/Total: 3 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 3 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 1(of 15)

AK 1, TM 20

Best time in the category: 1:06:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	5:41	18:56	3	0:45	17	1:00	0.30	5:41	18:56	16	0:45	106	0:45
Schwimmen Total	0.30	5:41												
Rad	16.00	38:33	2:24	1	-	1	-	16.30	44:14	2:42	1	-	1	-
Rad Total	16.00	38:33												
Lauf	5.00	21:52	4:22	1	-	10	3:07	21.30	1:06:06	3:06	1	-	3	2:19
Lauf Total	21.00	1:06:06												