



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Kurz, Steffan

Total time: 1:27:46

Club: SV 05 Friedrichroda

Number: 120

Course: 21.30 km

Rank in course/Total: 66 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 62 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 22(of 37)

Senioren 1, TM 40

Best time in the category: 1:09:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:25	24:43	23	2:36	65	2:44	0.30	7:25	24:43	38		106	2:29
Schwimmen Total	0.30	7:25												
Rad	16.00	53:19	3:19	21	12:44	58	14:46	16.30	1:00:44	3:43	38		104	16:30
Rad Total	16.00	53:19												
Lauf	5.00	27:02	5:24	25	6:32	71	8:17	21.30	1:27:46	4:07	22	17:54	62	23:59
Lauf Total	21.00	1:27:46												