



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Krauß, Thomas

Total time: 1:19:36

Club: Finsterbergen
Number: 155

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 35 (of 122)
Rank in course/Men: 35 (of 105)
Best time in course: 1:03:47

Category:
AK 2, TM 30

Rank in category: 11(of 27)
Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:53	22:56	15	2:12	48	2:12	0.30	6:53	22:56	28		106	1:57
Schwimmen Total	0.30	6:53												
Rad	16.00	47:28	2:58	11	7:40	30	8:55	16.30	54:21	3:20	27		104	10:07
Rad Total	16.00	47:28												
Lauf	5.00	25:15	5:02	12	6:30	45	6:30	21.30	1:19:36	3:44	11	15:49	35	15:49
Lauf Total	21.00	1:19:36												