



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Lehmann, Holger

Total time: 1:31:27

Club: Erfurt
Number: 110

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 79 (of 122)
Rank in course/Men: 73 (of 105)
Best time in course: 1:03:47

Category:
Senioren 1, TM 40

Rank in category: 25(of 37)
Best time in the category: 1:09:52

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.30 | 8:17 | 27:36 | 31 | 3:28 | 86 | 3:36 | 0.30 | 8:17 | 27:36 | 38 | 0:49 | 106 | 3:21 |
| Schwimmen Total | 0.30 | 8:17 | | | | | | | | | | | | |
| Rad | 16.00 | 55:14 | 3:27 | 25 | 14:39 | 71 | 16:41 | 16.30 | 1:03:31 | 3:53 | 38 | 2:34 | 104 | 19:17 |
| Rad Total | 16.00 | 55:14 | | | | | | | | | | | | |
| Lauf | 5.00 | 27:56 | 5:35 | 27 | 7:26 | 77 | 9:11 | 21.30 | 1:31:27 | 4:17 | 25 | 21:35 | 73 | 27:40 |
| Lauf Total | 21.00 | 1:31:27 | | | | | | | | | | | | |