



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Clemens, Robert**

**Total time: 1:16:41**

Club: Tabarzer SV Abt. Mountainbike  
Number: 171

Course: 21.30 km  
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 26 (of 122)  
Rank in course/Men: 26 (of 105)  
Best time in course: 1:03:47

Category:  
AK 2, TM 30

Rank in category: 8(of 27)  
Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	8:24	28:00	24	3:43	90	3:43	0.30	8:24	28:00	28	1:07	106	3:28
Schwimmen Total	0.30	8:24												
Rad	16.00	43:14	2:42	5	3:26	12	4:41	16.30	51:38	3:10	27		104	7:24
Rad Total	16.00	43:14												
Lauf	5.00	25:03	5:00	11	6:18	42	6:18	21.30	1:16:41	3:36	8	12:54	26	12:54
Lauf Total	21.00	1:16:41												