



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Glöckner, Wolfgang

Total time: 1:27:08

Club: Waltershausen

Number: 131

Course: 21.30 km

Rank in course/Total: 60 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 57 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 7(of 14)

Senioren 2, TM 50

Best time in the category: 1:04:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	8:44	29:06	14	3:11	97	4:03	0.30	8:44	29:06	15	2:18	106	3:48
Schwimmen Total	0.30	8:44												
Rad	16.00	51:33	3:13	6	12:12	49	13:00	16.30	1:00:17	3:41	15	11:05	104	16:03
Rad Total	16.00	51:33												
Lauf	5.00	26:51	5:22	10	6:53	67	8:06	21.30	1:27:08	4:05	7	22:16	57	23:21
Lauf Total	21.00	1:27:08												