



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Wawra, Daniel**

**Total time: 1:30:07**

Club: Finsterberger SV

Number: 130

Course: 21.30 km

Rank in course/Total: 77 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 71 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 24(of 37)

Senioren 1, TM 40

Best time in the category: 1:09:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:24	24:40	22	2:35	64	2:43	0.30	7:24	24:40	38		106	2:28
Schwimmen Total	0.30	7:24												
Rad	16.00	51:13	3:12	16	10:38	48	12:40	16.30	58:37	3:35	38		104	14:23
Rad Total	16.00	51:13												
Lauf	5.00	31:30	6:17	35	11:00	94	12:45	21.30	1:30:07	4:13	24	20:15	71	26:20
Lauf Total	21.00	1:30:07												