



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Weiß, Uwe**

**Total time: 1:12:03**

Club: Team Steffan Wobbe

Number: 208

Course: 21.30 km

Rank in course/Total: 13 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 13 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 3(of 14)

Senioren 2, TM 50

Best time in the category: 1:04:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:57	23:10	6	1:24	52	2:16	0.30	6:57	23:10	15	0:31	106	2:01
Schwimmen Total	0.30	6:57												
Rad	16.00	42:25	2:39	2	3:04	9	3:52	16.30	49:22	3:01	15	0:10	104	5:08
Rad Total	16.00	42:25												
Lauf	5.00	22:41	4:32	3	2:43	23	3:56	21.30	1:12:03	3:22	3	7:11	13	8:16
Lauf Total	21.00	1:12:03												