



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Waitz, Philipp**

**Total time: 1:27:48**

Club: LAUF MIT BLEIB FIT

Number: 151

Course: 21.30 km

Rank in course/Total: 67 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 63 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 9(of 15)

AK 1, TM 20

Best time in the category: 1:06:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:59	26:36	11	3:03	78	3:18	0.30	7:59	26:36	16	3:03	106	3:03
Schwimmen Total	0.30	7:59												
Rad	16.00	52:31	3:16	6	13:58	53	13:58	16.30	1:00:30	3:42	15	16:16	104	16:16
Rad Total	16.00	52:31												
Lauf	5.00	27:18	5:27	11	5:26	74	8:33	21.30	1:27:48	4:07	9	21:42	63	24:01
Lauf Total	21.00	1:27:48												