



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Schwabe, Tony**

**Total time: 1:31:47**

Club: Team Erdinger Alkoholfrei  
Number: 139

Course: 21.30 km  
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 80 (of 122)  
Rank in course/Men: 74 (of 105)  
Best time in course: 1:03:47

Category:  
AK 1, TM 20

Rank in category: 11(of 15)  
Best time in the category: 1:06:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	9:46	32:33	15	4:50	102	5:05	0.30	9:46	32:33	16	4:50	106	4:50
Schwimmen Total	0.30	9:46												
Rad	16.00	56:12	3:30	10	17:39	75	17:39	16.30	1:05:58	4:02	15	21:44	104	21:44
Rad Total	16.00	56:12												
Lauf	5.00	25:49	5:09	10	3:57	55	7:04	21.30	1:31:47	4:18	11	25:41	74	28:00
Lauf Total	21.00	1:31:47												