



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Dörr, Detlef**

**Total time: 1:17:37**

Club: Triathlon Jena e.V.

Number: 210

Course: 21.30 km

Rank in course/Total: 29 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 29 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 8(of 37)

Senioren 1, TM 40

Best time in the category: 1:09:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:55	23:03	18	2:06	50	2:14	0.30	6:55	23:03	38		106	1:59
Schwimmen Total	0.30	6:55												
Rad	16.00	48:42	3:02	10	8:07	35	10:09	16.30	55:37	3:24	38		104	11:23
Rad Total	16.00	48:42												
Lauf	5.00	22:00	4:24	5	1:30	12	3:15	21.30	1:17:37	3:38	8	7:45	29	13:50
Lauf Total	21.00	1:17:37												