



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Brudel, André

Total time: 1:13:19

Club: Dancing Queens Tiefurt
Number: 227

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 17 (of 122)
Rank in course/Men: 17 (of 105)
Best time in course: 1:03:47

Category:
AK 2, TM 30

Rank in category: 5(of 27)
Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	5:44	19:06	9	1:03	19	1:03	0.30	5:44	19:06	28		106	0:48
Schwimmen Total	0.30	5:44												
Rad	16.00	45:16	2:49	7	5:28	21	6:43	16.30	51:00	3:07	27		104	6:46
Rad Total	16.00	45:16												
Lauf	5.00	22:19	4:27	5	3:34	16	3:34	21.30	1:13:19	3:26	5	9:32	17	9:32
Lauf Total	21.00	1:13:19												