



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Schalk, Udo

Total time: 1:24:56

Club: Dream Team Ilmenau

Number: 184

Course: 21.30 km

Rank in course/Total: 52 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 51 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 6(of 14)

Senioren 2, TM 50

Best time in the category: 1:04:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	5:47	19:16	2	0:14	20	1:06	0.30	5:47	19:16	15		106	0:51
Schwimmen Total	0.30	5:47												
Rad	16.00	55:32	3:28	9	16:11	72	16:59	16.30	1:01:19	3:45	15	12:07	104	17:05
Rad Total	16.00	55:32												
Lauf	5.00	23:37	4:43	4	3:39	33	4:52	21.30	1:24:56	3:59	6	20:04	51	21:09
Lauf Total	21.00	1:24:56												