



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Ropohl, Dirk**

**Total time: 1:27:23**

Club: Freiburg

Number: 179

Course: 21.30 km

Rank in course/Total: 63 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 60 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 21(of 37)

Senioren 1, TM 40

Best time in the category: 1:09:52

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen          | 0.30     | 6:15       | 20:50        | 9           | 1:26        | 28      | 1:34       | 0.30          | 6:15       | 20:50        | 38       |             | 106     | 1:19       |
| Schwimmen Total    | 0.30     | 6:15       |              |             |             |         |            |               |            |              |          |             |         |            |
| Rad                | 16.00    | 54:42      | 3:25         | 24          | 14:07       | 68      | 16:09      | 16.30         | 1:00:57    | 3:44         | 1        | -           | 104     | 16:43      |
| Rad Total          | 16.00    | 54:42      |              |             |             |         |            |               |            |              |          |             |         |            |
| Lauf               | 5.00     | 26:26      | 5:17         | 21          | 5:56        | 64      | 7:41       | 21.30         | 1:27:23    | 4:06         | 21       | 17:31       | 60      | 23:36      |
| Lauf Total         | 21.00    | 1:27:23    |              |             |             |         |            |               |            |              |          |             |         |            |