



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Hartmann, Mario**

**Total time: 1:15:10**

Club: SV Normania Treffurt  
Number: 105

Course: 21.30 km  
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 21 (of 122)  
Rank in course/Men: 21 (of 105)  
Best time in course: 1:03:47

Category:  
Senioren 1, TM 40

Rank in category: 6(of 37)  
Best time in the category: 1:09:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	5:54	19:40	5	1:05	23	1:13	0.30	5:54	19:40	38		106	0:58
Schwimmen Total	0.30	5:54												
Rad	16.00	46:56	2:55	6	6:21	25	8:23	16.30	52:50	3:14	38		104	8:36
Rad Total	16.00	46:56												
Lauf	5.00	22:20	4:28	7	1:50	17	3:35	21.30	1:15:10	3:31	6	5:18	21	11:23
Lauf Total	21.00	1:15:10												