



11. Cross Triathlon Friedrichroda  
Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Matuschek, Benjamin

Total time: 1:16:32

Club: SU Hermsdorf

Number: 229

Course: 21.30 km

Rank in course/Total: 25 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 25 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 4(of 8)

Triathlon Jugend männlich bis 19 Jahre

Best time in the category: 1:06:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:00	23:20	5	1:39	57	2:19	0.30	7:00	23:20	9	1:32	106	2:04
Schwimmen Total	0.30	7:00												
Rad	16.00	47:35	2:58	5	7:27	32	9:02	16.30	54:35	3:20	9	1:57	104	10:21
Rad Total	16.00	47:35												
Lauf	5.00	21:57	4:23	3	1:58	11	3:12	21.30	1:16:32	3:35	4	9:51	25	12:45
Lauf Total	21.00	1:16:32												