



11. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Stichling, Laura

Total time: 1:28:46

Club: Marineclub Gotha e.V.
 Number: 182

Course: 21.30 km
 Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 70 (of 122)
 Rank in course/Women: 4 (of 16)
 Best time in course: 1:22:57

Category:
 Triathlon Jugend weiblich bis 19 Jahre

Rank in category: 1(of 1)
 Best time in the category: 1:28:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	6:32	21:46	1	-	2	0:34	0.30	6:32	21:46	1	-	17	
Schwimmen Total	0.30	6:32												
Rad	16.00	58:47	3:40	1	-	5	7:11	16.30	1:05:19	4:00	1	-	17	
Rad Total	16.00	58:47												
Lauf	5.00	23:27	4:41	1	-	1	-	21.30	1:28:46	4:10	1	-	4	5:49
Lauf Total	21.00	1:28:46												