



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Grönling, André

Total time: 1:40:38

Club: Gotha
Number: 147

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 101 (of 122)
Rank in course/Men: 91 (of 105)
Best time in course: 1:03:47

Category:
AK 2, TM 30

Rank in category: 23(of 27)
Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:13	24:03	18	2:32	61	2:32	0.30	7:13	24:03	28		106	2:17
Schwimmen Total	0.30	7:13												
Rad	16.00	1:04:17	4:01	25	24:29	96	25:44	16.30	1:11:30	4:23	27	16:47	104	27:16
Rad Total	16.00	1:04:17												
Lauf	5.00	29:08	5:49	21	10:23	86	10:23	21.30	1:40:38	4:43	23	36:51	91	36:51
Lauf Total	21.00	1:40:38												