



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Matuschek, Mike

Total time: 1:20:03

Club: Hermsdorf

Number: 230

Course: 21.30 km

Rank in course/Total: 37 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 37 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 13(of 27)

AK 2, TM 30

Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:43	22:23	11	2:02	42	2:02	0.30	6:43	22:23	28		106	1:47
Schwimmen Total	0.30	6:43												
Rad	16.00	50:28	3:09	16	10:40	46	11:55	16.30	57:11	3:30	27	2:28	104	12:57
Rad Total	16.00	50:28												
Lauf	5.00	22:52	4:34	7	4:07	26	4:07	21.30	1:20:03	3:45	13	16:16	37	16:16
Lauf Total	21.00	1:20:03												