



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Müller, Angela**

**Total time: 1:29:41**

Club: Team out-fit-shop.de Werdau  
Number: 197

Course: 21.30 km  
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 76 (of 122)  
Rank in course/Women: 5 (of 16)  
Best time in course: 1:22:57

Category:  
Seniorinnen 1, TW 40

Rank in category: 1(of 5)  
Best time in the category: 1:29:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	8:31	28:23	4	1:19	12	2:33	0.30	8:31	28:23	6	1:11	17	1:11
Schwimmen Total	0.30	8:31												
Rad	16.00	57:36	3:36	1	-	4	6:00	16.30	1:06:07	4:03	6		17	
Rad Total	16.00	57:36												
Lauf	5.00	23:34	4:42	1	-	2	0:07	21.30	1:29:41	4:12	1	-	5	6:44
Lauf Total	21.00	1:29:41												