



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Hähnlein, Sebastian

Total time: 1:26:03

Club: Jugendkraft Crawinkel

Number: 212

Course: 21.30 km

Rank in course/Total: 56 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 54 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 8(of 15)

AK 1, TM 20

Best time in the category: 1:06:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:31	21:43	7	1:35	37	1:50	0.30	6:31	21:43	16	1:35	106	1:35
Schwimmen Total	0.30	6:31												
Rad	16.00	54:14	3:23	8	15:41	65	15:41	16.30	1:00:45	3:43	15	16:31	104	16:31
Rad Total	16.00	54:14												
Lauf	5.00	25:18	5:03	9	3:26	47	6:33	21.30	1:26:03	4:02	8	19:57	54	22:16
Lauf Total	21.00	1:26:03												