



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Hähnlein, Sebastian

Total time: 1:26:03

Club: Jugendkraft Crawinkel

Number: 212

Course: 21.30 km

Rank in course/Total: 56 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 54 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 8(of 15)

AK 1, TM 20

Best time in the category: 1:06:06

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.30 | 6:31 | 21:43 | 7 | 1:35 | 37 | 1:50 | 0.30 | 6:31 | 21:43 | 16 | 1:35 | 106 | 1:35 |
| Schwimmen Total | 0.30 | 6:31 | | | | | | | | | | | | |
| Rad | 16.00 | 54:14 | 3:23 | 8 | 15:41 | 65 | 15:41 | 16.30 | 1:00:45 | 3:43 | 15 | 16:31 | 104 | 16:31 |
| Rad Total | 16.00 | 54:14 | | | | | | | | | | | | |
| Lauf | 5.00 | 25:18 | 5:03 | 9 | 3:26 | 47 | 6:33 | 21.30 | 1:26:03 | 4:02 | 8 | 19:57 | 54 | 22:16 |
| Lauf Total | 21.00 | 1:26:03 | | | | | | | | | | | | |