



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Beese, Marsel

Total time: 1:25:44

Club: Fitnessoase-Ohrdruf
Number: 217

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 55 (of 122)
Rank in course/Men: 53 (of 105)
Best time in course: 1:03:47

Category:
AK 1, TM 20

Rank in category: 7(of 15)
Best time in the category: 1:06:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:41	25:36	10	2:45	72	3:00	0.30	7:41	25:36	16	2:45	106	2:45
Schwimmen Total	0.30	7:41												
Rad	16.00	54:19	3:23	9	15:46	67	15:46	16.30	1:02:00	3:48	15	17:46	104	17:46
Rad Total	16.00	54:19												
Lauf	5.00	23:44	4:44	7	1:52	34	4:59	21.30	1:25:44	4:01	7	19:38	53	21:57
Lauf Total	21.00	1:25:44												