



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Stiehm, Dirk

Total time: 1:43:29

Club: Gotha
Number: 148

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 105 (of 122)
Rank in course/Men: 93 (of 105)
Best time in course: 1:03:47

Category:
AK 2, TM 30

Rank in category: 24(of 27)
Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:33	25:10	21	2:52	70	2:52	0.30	7:33	25:10	28	0:16	106	2:37
Schwimmen Total	0.30	7:33												
Rad	16.00	1:03:49	3:59	24	24:01	94	25:16	16.30	1:11:22	4:22	27	16:39	104	27:08
Rad Total	16.00	1:03:49												
Lauf	5.00	32:07	6:25	24	13:22	98	13:22	21.30	1:43:29	4:51	24	39:42	93	39:42
Lauf Total	21.00	1:43:29												