



11. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Katrin Blum, Danny Dellit

Total time: 1:26:18

Club: Tandem Floh-Seligenthal  
 Number: 218

Course: 21.30 km  
 Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 58 (of 122)  
 Rank in course/Total: 1 (of 1)  
 Best time in course: 1:26:18

Category:  
 Tandem

Rank in category: 1(of 1)  
 Best time in the category: 1:26:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.30	6:57	23:10	1	-	1	-	0.30	6:57	23:10	1	-	1	-
Schwimmen Total	0.30	6:57												
Rad	16.00	52:32	3:16	1	-	1	-	16.30	59:29	3:38	1	-	1	-
Rad Total	16.00	52:32												
Lauf	5.00	26:49	5:21	1	-	1	-	21.30	1:26:18	4:03	1	-	1	-
Lauf Total	21.00	1:26:18												