



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Jungheinrich, Petra

Total time: 1:46:03

Club: Förderverein für Siebleben
Number: 143

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 113 (of 122)
Rank in course/Women: 13 (of 16)
Best time in course: 1:22:57

Category:
Seniorinnen 1, TW 40

Rank in category: 4(of 5)
Best time in the category: 1:29:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	8:17	27:36	3	1:05	11	2:19	0.30	8:17	27:36	6	0:57	17	0:57
Schwimmen Total	0.30	8:17												
Rad	16.00	1:06:24	4:09	4	8:48	11	14:48	16.30	1:14:41	4:34	6	6:15	17	6:15
Rad Total	16.00	1:06:24												
Lauf	5.00	31:22	6:16	4	7:48	13	7:55	21.30	1:46:03	4:58	4	16:22	13	23:06
Lauf Total	21.00	1:46:03												