



11. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Bodystyle-Sportsfood

Total time: 2:47:41

Number: 530

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: 16 (of 46)

Best time in course: 2:10:59

Category:

Cross Triathlon Staffel

Rank in category: 16(of 46)

Best time in the category: 2:10:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.60	14:14	23:43	22	3:52	22	3:52	0.60	14:14	23:43	47	1:33	47	1:33
Schwimmen Total	0.60	14:14												
Rad	28.00	1:43:28	3:41	18	43:22	18	43:22	28.60	1:57:42	4:06	46		46	
Rad Total	28.00	1:43:28												
Lauf	10.00	49:59	4:59	27	15:08	27	15:08	38.60	2:47:41	4:20	18	54:44	18	54:44
Lauf Total	38.00	2:47:41												