



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Ruhig ganz ruhig

Number: 545

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: DSQ (of 46)

Best time in course: -

Category:

Rank in category: DSQ(of 46)

Cross Triathlon Staffel

Best time in the category: -

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.60	12:10	20:16	9	1:48	9	1:48	0.60	12:10	20:16	47		47	
Schwimmen Total	0.60	12:10												
Rad	28.00	1:00:06	2:08	1	-	1	-	28.60	1:12:16	2:31	46		46	
Rad Total	28.00	1:00:06												
Lauf	10.00	40:41	4:04	5	5:50	5	5:50	38.60	-	-	-	-	-	-
Lauf Total	38.00	1:52:57												