



11. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Kung Fu Fitness Institut Gotha

Total time: 2:49:56

Number: 544

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: 17 (of 46)

Best time in course: 2:10:59

Category:

Cross Triathlon Staffel

Rank in category: 17(of 46)

Best time in the category: 2:10:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.60	15:04	25:06	31	4:42	31	4:42	0.60	15:04	25:06	47	2:23	47	2:23
Schwimmen Total	0.60	15:04												
Rad	28.00	1:43:14	3:41	16	43:08	16	43:08	28.60	1:58:18	4:08	46		46	
Rad Total	28.00	1:43:14												
Lauf	10.00	51:38	5:09	32	16:47	32	16:47	38.60	2:49:56	4:24	19	56:59	19	56:59
Lauf Total	38.00	2:49:56												