



11. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Kung Fu Fitness Institut Gotha

Total time: 2:49:56

Number: 544

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: 17 (of 46)

Best time in course: 2:10:59

Category:

Cross Triathlon Staffel

Rank in category: 17(of 46)

Best time in the category: 2:10:59

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Schwimmen          | 0.60     | 15:04      | 25:06        | 31          | 4:42        | 31        | 4:42         | 0.60          | 15:04      | 25:06        | 47       | 2:23        | 47        | 2:23         |
| Schwimmen Total    | 0.60     | 15:04      |              |             |             |           |              |               |            |              |          |             |           |              |
| Rad                | 28.00    | 1:43:14    | 3:41         | 16          | 43:08       | 16        | 43:08        | 28.60         | 1:58:18    | 4:08         | 46       |             | 46        |              |
| Rad Total          | 28.00    | 1:43:14    |              |             |             |           |              |               |            |              |          |             |           |              |
| Lauf               | 10.00    | 51:38      | 5:09         | 32          | 16:47       | 32        | 16:47        | 38.60         | 2:49:56    | 4:24         | 19       | 56:59       | 19        | 56:59        |
| Lauf Total         | 38.00    | 2:49:56    |              |             |             |           |              |               |            |              |          |             |           |              |