



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

Delta Athletes

Total time: 3:11:05

Number: 507

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: 30 (of 46)

Best time in course: 2:10:59

Category:

Cross Triathlon Staffel

Rank in category: 30(of 46)

Best time in the category: 2:10:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.60	15:42	26:10	35	5:20	35	5:20	0.60	15:42	26:10	47	3:01	47	3:01
Schwimmen Total	0.60	15:42												
Rad	28.00	2:06:25	4:30	34	1:06:19	34	1:06:19	28.60	2:22:07	4:58	46	7:16	46	7:16
Rad Total	28.00	2:06:25												
Lauf	10.00	48:58	4:53	25	14:07	25	14:07	38.60	3:11:05	4:57	32	1:18:08	32	1:18:08
Lauf Total	38.00	3:11:05												