



11. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

FHM96

Total time: 3:14:33

Number: 516

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: 36 (of 46)

Best time in course: 2:10:59

Category:

Cross Triathlon Staffel

Rank in category: 36(of 46)

Best time in the category: 2:10:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.60	12:41	21:08	12	2:19	12	2:19	0.60	12:41	21:08	1	-	1	-
Schwimmen Total	0.60	12:41												
Rad	28.00	2:02:10	4:21	30	1:02:04	30	1:02:04	28.60	2:14:51	4:42	1	-	1	-
Rad Total	28.00	2:02:10												
Lauf	10.00	59:42	5:58	42	24:51	42	24:51	38.60	3:14:33	5:02	38	1:21:36	38	1:21:36
Lauf Total	38.00	3:14:33												