



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

Tabbs Aktiv

Total time: 2:24:03

Number: 523

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: 4 (of 46)

Best time in course: 2:10:59

Category:

Cross Triathlon Staffel

Rank in category: 4(of 46)

Best time in the category: 2:10:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.60	13:55	23:11	19	3:33	19	3:33	0.60	13:55	23:11	47	1:14	47	1:14
Schwimmen Total	0.60	13:55												
Rad	28.00	1:32:59	3:19	10	32:53	10	32:53	28.60	1:46:54	3:44	46		46	
Rad Total	28.00	1:32:59												
Lauf	10.00	37:09	3:42	2	2:18	2	2:18	38.60	2:24:03	3:43	5	31:06	5	31:06
Lauf Total	38.00	2:24:03												