



11. Cross Triathlon Friedrichroda  
 Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Drei außer Rand und Band

Total time: 2:28:44

Number: 526

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: 5 (of 46)

Best time in course: 2:10:59

Category:

Cross Triathlon Staffel

Rank in category: 5(of 46)

Best time in the category: 2:10:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.60	13:34	22:36	16	3:12	16	3:12	0.60	13:34	22:36	47	0:53	47	0:53
Schwimmen Total	0.60	13:34												
Rad	28.00	1:34:32	3:22	12	34:26	12	34:26	28.60	1:48:06	3:46	46		46	
Rad Total	28.00	1:34:32												
Lauf	10.00	40:38	4:03	4	5:47	4	5:47	38.60	2:28:44	3:51	6	35:47	6	35:47
Lauf Total	38.00	2:28:44												