



11. Cross Triathlon Friedrichroda
 Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Berghotel Friedrichroda

Total time: 2:34:20

Number: 527

Course: 38.60 km

Staffel Cross Triathlon (0.6/28,0/10,0 km)

Rank in course: 8 (of 46)

Best time in course: 2:10:59

Category:

Cross Triathlon Staffel

Rank in category: 8(of 46)

Best time in the category: 2:10:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.60	18:29	30:48	45	8:07	45	8:07	0.60	18:29	30:48	47	5:48	47	5:48
Schwimmen Total	0.60	18:29												
Rad	28.00	1:30:47	3:14	5	30:41	5	30:41	28.60	1:49:16	3:49	46		46	
Rad Total	28.00	1:30:47												
Lauf	10.00	45:04	4:30	14	10:13	14	10:13	38.60	2:34:20	3:59	9	41:23	9	41:23
Lauf Total	38.00	2:34:20												