



## 2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

### Detailed evaluation

**Siegmund, Carmen**

Club: Intersport Prediger  
Number: 114

Course: 7.74 km  
8 km - Strecke Nordic Walking

Total time: 1:13:00

Speed: 6.36 km/h

metres in height up: 220  
Course score: 10.30

performance score: 70 Points

### Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:28	00:00	00:00
Steigerhaus	2.9	2.9	10:57	00:28	00:28
Finish	7.7	4.9	11:41	01:13	00:44