



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Kallenbach, Ines

Club: Concordia Gräfenhain

Number: 106

Course: 7.74 km

8 km - Strecke Nordic Walking

Total time: 1:15:39

Speed: 5.55 km/h

metres in height up: 220

Course score: 10.30

performance score: 68 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:28	00:00	00:00
Steigerhaus	2.9	2.9	11:00	00:31	00:31
Finish	7.7	4.9	11:44	01:15	00:43