



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Schröder, Regina

Club: SV Tautenhain

Number: 124

Course: 7.74 km

8 km - Strecke Nordic Walking

Total time: 1:18:00

Speed: 5.38 km/h

metres in height up: 220

Course score: 10.30

performance score: 66 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|-------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 10:28 | 00:00 | 00:00 |
| Steigerhaus | 2.9 | 2.9 | 11:01 | 00:32 | 00:32 |
| Finish | 7.7 | 4.9 | 11:46 | 01:18 | 00:45 |