



## 2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

### Detailed evaluation

Römhild, Rosemarie

Club: Concordia Gräfenhain  
Number: 105

Course: 7.74 km  
8 km - Strecke Nordic Walking

Total time: 1:26:02

Speed: 5.40 km/h

metres in height up: 220  
Course score: 10.30

performance score: 60 Points

### Intermediate times

| Control     | km Total | km Split | Time of day | Total Time | Split Time |
|-------------|----------|----------|-------------|------------|------------|
| Start       | 0        | 0        | 10:28       | 00:00      | 00:00      |
| Steigerhaus | 2.9      | 2.9      | 11:06       | 00:37      | 00:37      |
| Finish      | 7.7      | 4.9      | 11:55       | 01:26      | 00:48      |