



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Prof.Dr. Schramm, Harald

Club: SV Tautenhain

Number: 304

Course: 19.80 km

20 km - Strecke Nordic Walking

Total time: 2:57:28

Speed: 6.42 km/h

metres in height up: 472

Course score: 26.08

performance score: 180 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:28	00:00	00:00
Steigerhaus	2.9	2.9	09:54	00:26	00:26
Finsterbacher Pirschhaus	8.3	5.4	10:44	01:16	00:50
Lindenstein	16.3	8.0	11:49	02:21	01:04
Finish	19.8	3.5	12:25	02:57	00:36