



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Nußbicker, Sabine

Club: Tambach-Dietharz

Number: 223

Course: 14.60 km

15 km - Strecke Nordic Walking

Total time: 2:30:31

Speed: 5.58 km/h

metres in height up: 398

Course score: 19.97

performance score: 120 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:00	00:00	00:00
Steigerhaus	2.9	2.9	10:30	00:29	00:29
Finsterbacher Pirschhaus	8.3	5.4	11:26	01:26	00:56
Finish	14.6	6.3	12:31	02:30	01:04