



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Gohles, Christine

Club: PSV Erfurt

Number: 313

Course: 19.80 km

20 km - Strecke Nordic Walking

Total time: 3:03:44

Speed: 6.20 km/h

metres in height up: 472

Course score: 26.08

performance score: 174 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:28	00:00	00:00
Steigerhaus	2.9	2.9	09:55	00:27	00:27
Finsterbacher Pirschhaus	8.3	5.4	10:49	01:21	00:53
Lindenstein	16.3	8.0	11:55	02:27	01:05
Finish	19.8	3.5	12:31	03:03	00:36