



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Hellmann, Cornelia

Club: SG GutsMuths

Number: 208

Course: 14.60 km

15 km - Strecke Nordic Walking

Total time: 2:43:42

Speed: 5.35 km/h

metres in height up: 398

Course score: 19.97

performance score: 110 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:00	00:00	00:00
Steigerhaus	2.9	2.9	10:31	00:30	00:30
Finsterbacher Pirschhaus	8.3	5.4	11:33	01:33	01:02
Finish	14.6	6.3	12:44	02:43	01:10