



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Franke, Hermann

Club: VfL Wathlingen e.V. von 1910
Number: 212

Course: 14.60 km
15 km - Strecke Nordic Walking

Total time: 2:45:39

Speed: 5.07 km/h

metres in height up: 398
Course score: 19.97

performance score: 109 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:00	00:00	00:00
Steigerhaus	2.9	2.9	10:32	00:31	00:31
Finsterbacher Pirschhaus	8.3	5.4	11:35	01:34	01:02
Finish	14.6	6.3	12:46	02:45	01:11