



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Rudolph, Brunhilde

Club: Concordia Gräfenhain

Number: 215

Course: 14.60 km

15 km - Strecke Nordic Walking

Total time: 2:51:24

Speed: 4.90 km/h

metres in height up: 398

Course score: 19.97

performance score: 105 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:00	00:00	00:00
Steigerhaus	2.9	2.9	10:33	00:32	00:32
Finsterbacher Pirschhaus	8.3	5.4	11:36	01:36	01:03
Finish	14.6	6.3	12:52	02:51	01:15