



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Thomale, Elke

Club: Team Fortschritt
Number: 220

Course: 14.60 km
15 km - Strecke Nordic Walking

Total time: 2:51:21

Speed: 4.90 km/h

metres in height up: 398
Course score: 19.97

performance score: 105 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|--------------------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 10:00 | 00:00 | 00:00 |
| Steigerhaus | 2.9 | 2.9 | 10:32 | 00:32 | 00:32 |
| Finsterbacher Pirschhaus | 8.3 | 5.4 | 11:36 | 01:36 | 01:03 |
| Finish | 14.6 | 6.3 | 12:52 | 02:51 | 01:15 |