



2. Gräfenhainer Steigerlauf

Gräfenhain / 21.07.2012

Detailed evaluation

Möller, Edith

Club: NW-Team Gräfenhain
Number: 306

Course: 19.80 km
20 km - Strecke Nordic Walking

Total time: 3:44:58

Speed: 5.07 km/h

metres in height up: 472
Course score: 26.08

performance score: 142 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|--------------------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 09:28 | 00:00 | 00:00 |
| Steigerhaus | 2.9 | 2.9 | 10:00 | 00:32 | 00:32 |
| Finsterbacher Pirschhaus | 8.3 | 5.4 | 11:04 | 01:36 | 01:03 |
| Lindenstein | 16.3 | 8.0 | 12:25 | 02:57 | 01:20 |
| Finish | 19.8 | 3.5 | 13:13 | 03:44 | 00:47 |