



bewegungs-WELT Bike-Marathon Arnstadt

Arnstadt-Siegelbach / 22.07.2012

Detailed evaluation

Heimer, Heike

Club: RC Radlexpress Feucht

Number: 260

Course: 57.00 km

Ambitioniert

Category:

Seniorinnen

Total time: 4:19:43

Speed: 13.17 km/h

Running performance: 4:34 min/km

Rank in course/Total: 42 (of 44)

Rank in course/Women: 5 (of 6)

Best time in course: 3:31:34

Rank in category: 4(of 4)

Best time in the category: 3:44:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schleife A	21.90	1:38:02	4:28	4	18:56	6	20:02	21.90	1:38:02	4:28	4	18:56	5	20:02
Schleife A	13.00	59:38	4:35	4	8:27	5	12:45	34.90	2:37:40	4:31	4	27:23	5	32:47
Schleife A	22.00	1:41:42	4:37	4	8:11	5	15:23	56.90	4:19:22	4:33	4	35:07	5	48:10
Finish	0.10	0:21	3:29	1	-	1	-	57.00	4:19:43	4:33	4	35:05	5	48:09