



26. Ohratalsperrenlauf

Luisenthal / 28.07.2012

Detailed evaluation

Ziezold, Nadine

Club: Sonntagsläufer Tambach-Dietharz

Number: 787

Course: 12.30 km

12 km-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:11:15

Speed: 10.11 km/h

Running performance: 5:47 min/km

Rank in course/Total: 66 (of 88)

Rank in course/Women: 7 (of 14)

Best time in course: 57:21

Rank in category: 2(of 4)

Best time in the category: 1:11:02